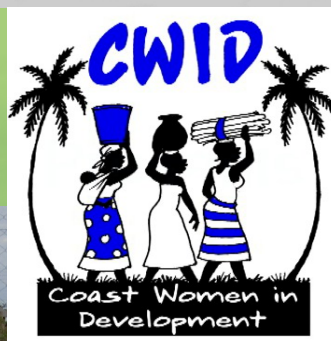


COAST WOMEN IN DEVELOPMENT

APRIL—JUNE 2012 ISSUE

Goats for Gold - Tuinuane (Let's lift each other)
Kongoea Market Clean up – Waste is wealth
Reproductive Health Awareness at Maweni - APHIA Plus With CWID
Men FIGHTING gender based violence – APHIA Plus With CWID
Badilika (Change) – Bicep power = Protection power-not harm



TUINUANE

GOATS FOR GOLD

Whoever said, 'It's no use going to the goats' house to look for wool' was absolutely correct. You sure won't find wool, but milk, kids, meat, hides – I mean money! The Kilifi women knowing this too well did not hesitate to partner with CWID in the goat rearing project. Now they are excited about their bank proceeds and are keen on knowing just how to keep herds of goats.

So far...

Out of the 64 goats CWID provided in, partnership with Wyndham International, there has been a 98 percent survival rate and 36 pregnancies.

The Tuinuane Goat Rearing Project is a project that was began to empower women economically and socially too. It was out to make the women effectively contribute in the family, local and national development; to give them a voice to participate in leadership – right from the grassroots level.

It started with a micro-credit program in 2009. The Vitengeni women groups in Kilifi District were given small loans individually, which they have already repaid. The loans have improved the livelihoods of the participating women by enabling them to start businesses. Their families are now treated to balanced diet, school fees and boosts to their small businesses and better health. This has financially equipped them to attend to the goats – no wonder the growing numbers.

'I now have a voice...'

Janet Fondo, a widow in her 50's and owner of a growing goat herd says, 'Maisha sasa imekuwa afadhali kwa sababu ya hawa wandani wangu' (Life has now become more bearable - thanks to my close friends here), pointing at the goats. 'Kwa ujane wangu wote, sasa ndio ninapata sauti' (Since I was widowed, this is the time I am getting a voice), asserts a happy Janet. >>

GOATS FOR GOLD

Janet has become another 'Dr Dolittle'. She can't wait to talk to her goats when she wakes up. She does so as she feeds them, when she is smothered her hands over each to confirm their wellness and when attending to them with the veterinary doctor. The results have been some rounded bellies – pregnancies, smooth deliveries and vigorously growing kids thereafter.



CLOCKWISE: Pic 1: Janet Fondo (2nd from left), CWID's Executive Director, Betty Sharon (Extreme left) and Tuinuane members. Pic 2: Janet Fondo in the middle and other Tuinuane members. Pic 3: From left: CWID's paralegal, Marilyn Laini presenting a goat to Celestine - the Tuinuane Chair as CWID's staff look on. Pic 4: From right: Mother goat and her grown kids. Pic 5: Tuinuane's Shirikisho women's group discussing finances

JULY—SEPTEMBER HIGHLIGHTS

- Links to the Badilika documentaries.
- Prevention with positives (HIV/AIDS) in Kisauni.
- CWID at Canberra, Australia – Participatory Justice and Victims Conference.
- Healthy Action Programme – Engaging policy makers on reproductive health.
- CWID and Gender Consortium Flinders University Australia – Building the Capacity of African Women Leadership.
- Meet Wahome after the Sentence. Two months out of prison and counting.... He shares his post sexual offence walk – alongside Badilika.
- **NEW**** CWID's partnership with Department for Education Training and Employment (DETE) to empower the disadvantaged youths via exchange programmes. For more information visit www.coastwomen.org.

KONGOWEA MARKET CLEAN UP—WASTE IS WEALTH

The Kongowea Market Clean up was set to kick out Malaria, Typhoid, Cholera and other communicable diseases that thrive with filth. It was also out to create of the Mombasa County by-laws and attract revenue by making the town an even more appealing tourism destination.



Kongowea Market Clean up by Trash Working Group (A International Republican Institute [IRI] project chaired by CWID) dubbed 'Waste is Wealth'. Husna IRI's programmes officer spurs the cleaning



After the IRI sponsored 'Waste is Wealth' clean up at Kongowea Market. Part of the team: Mombasa's Town Clerk, Tabman Otieno and other elected councillors of the Trash Working Group and the Civil Society organisations

CWID not only chairs the 'Waste is Wealth' projects but works at bringing the CSOs and the councillors to meet the community's immediate needs.

AHIA Plus WITH CWID Reproductive Health Awareness at Maweni



Creating Malnutrition Awareness with APHIA Plus and CWID led by Tom Ngar (Extreme Left)



Mother weighing her baby at Kongowea during the APHIA Plus and CWID malnutrition awareness.

"The growth and development of people is the highest calling of leadership"

Men WRESTLING Gender Based Violence (GBV)



‘Until men are involved in the fight against gender based violence (GBV), they shall always consider GBV as a women issue,’ says Betty Sharon CWID’s Director. This was during the APHIA Plus’ Malindi Community Leaders Training on GBV Prevention where CWID was a partner.

CONGRATS CWID!



Mr Koome Inyingi, CWID’s director, receiving a CWID’s Certificate of Diploma - Human Rights Towards Gender Equality from UPPSALA University’s SIPU one year Programme – in which Betty Sharon, CWID’s Executive Director had participated.

BADILIKA

BICEP POWER = PROTECTION POWER-NOT HARM



BADILIKA PROGRAMME IS ABOUT:

1. Admitting the offence – It all starts with a confession; that you were wrong.
2. The Sexual Offences Act 2006 – Just why rape is wrong.
3. Culture and the law – You may be right culturally, but unlawful. The law is above wrong cultural practices.
4. Group counselling – The power of synergy in walking through the change process.
5. Personal counselling – It all boils down to you as an individual. Your personal strengths, experiences, traits play in making you the most helpful person in society.
6. Just who is a woman? – A mother, a daughter, a sister, a wife and a provider. She may be physically weaker but is definitely strong emotionally, socially and spiritually. She is unique and intelligent in her very special way. This is so especially because of your (masculine) protection over her.
7. Life after prison – It should be better than before prison. Once a Badilika – always a Badilika. You continue to carry the anti-sexual gender-based violence torch alongside CWID and Pwani GBV.

Badilika in other words...

Men:	– End the abuse
Women:	– Heal from the abuse
Adolescence:	– Build healthy relationships
Children:	– Break the secrets.

BADILIKA

CHALLENGE: The offenders are often convinced that their confessions would be used against them. A lot of effort and time goes into explaining that Badilika does not alter the sentencing which has already been passed anyway.

So far, Badilika:

- Has more of the Kenya Prison Authorities attention. The government acknowledges Badilika as part and parcel of the prison reform process.
- Is preparing the sexual offender for the outside world as reformed individuals. This is to see to it that they contribute to personal and national development.
- Is developing trusting relationships between group members and staff to foster positive attitudes towards a better safer community.
- Ministry of Gender, Children and Development Award (8th March 2012) – acknowledging the Pwani GBV Network (which steers the Badilika project)
- Badilika being identified as 'Best Practice' (Dr Musoso, lead researcher UoN - 2012). This was during the recent baseline study commissioned by the Attorney General's Taskforce on the Implementation of the Sexual Offences Act 2006.
- Opened the Badilika Barber Shop at Shimo la Tewa Main. This is set to not only improve the offenders' outlook and hygiene, but to teach them entrepreneurial skills for life outside prison and a forum for them to teach other sexual offenders about sexual gender based violence.
- Has attracted the local and international stakeholders. When the 20 participants of the regional GBV study attended the GBV training programme at Coalition for (COVAW) Nairobi from Pakistan, they had to come to Mombasa to learn how to work with sexual offenders to construct community safety.
- Swedish International Programmes (SIPU) is using the Badilika documentaries to train 'The fight against gender violence'.



*Pic 1: Wahome (Former SGBV convict) sharing his story during one of the Badilika events, Pic 2: The entire Badilika group during one of the therapy Sessions. Present is CWID Executive Director. Pic 3: From left: Elizabeth Aroka, legal officer at International Centre for Reproductive Health (ICRH), Inspector Alnoor Abbas, and CWID's Betty Sharon discuss the ICRH's **Facing Violence - Narratives of SGBV Survivors** book which will be used in the Badilika's therapy sessions. Pic 4: Teamwork expression at one of the Badilika group therapies.*